

CREATING A SUCCESSFUL LIFE

Action Plan

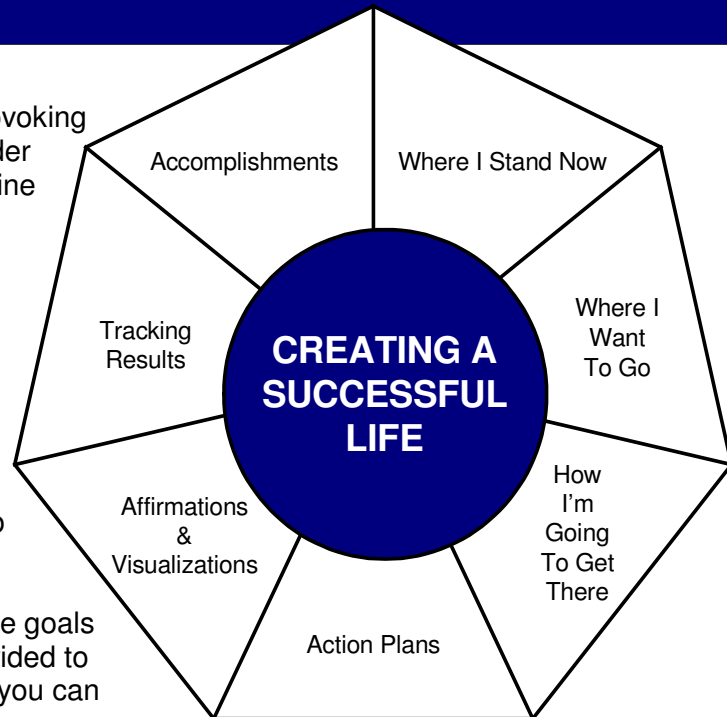
Overview

Creating a Successful Life ACTION PLAN is a thought provoking action-oriented tool to help you achieve what you want in order to enjoy a more successful life. You will learn how to determine what goals to set, how to get your goals specific, how to measure and track progress, and how to keep the goals process alive.

You will complete self-evaluations, identify your strengths, and set goals in the following areas: career, family, financial, mental, physical, social, and spiritual.

In addition, you will be given the opportunity to create personal Vision, Mission & Purpose Statements that will help you succeed far beyond where you would be otherwise.

A compact disk (CD) is included to provide an overview of the goals process and reinforce key principles. Sample forms are provided to stimulate your thinking as you complete the process and so you can keep the process alive indefinitely.



Contents

Overview

- How to use this action plan
- The goal setting process

Where I stand now

- Self-evaluation checklist – Career, family, financial, mental, physical, social, and spiritual
- Who am I?
- Future description
- Where I stand now
- Personal vision/purpose/mission

Where I want to go

- John Goddard's Life List
- Master dream list
- Category of goals
- Master list of goals

How I'm going to get there

- How to get a goal specific
- Most important goals
- How to write a goal worksheet
- Goal worksheets

Action plans & Action steps

Affirmations & Visualizations



Tracking results

- Benefits of keeping score
- What to keep score on
- Ways to keep score
- Scorekeeping principles
- Areas to keep score on
- Scorekeeping worksheet
- Areas to keep score/titles
- Graph paper
- Barometers

Accomplishments

Notes & sample forms

Extra forms

"Goals. There's no telling what you can do when you get inspired by them; there's no telling what you can do when you believe in them; and there's no telling what will happen when you act upon them."

- Jim Rohn



FOR MORE INFORMATION CONTACT: