COACHING TIP

From Rex C. Houze

MAINTAINING JOB SATISFACTION

SUGGESTION: Review the following nine points and make a commitment to abide by all of them on a regular basis and/or pick one a week to work on for the next nine weeks.

When you do these things on a regular basis, you will not only enjoy your job, you'll love it:

- 1. Take responsibility for loving your job instead of blaming others.
- 2. Focus on what you are passionate about in your job.
- 3. Avoid sarcasm.
- 4. Make a list of things you are thankful for in your work.
- 5. Set work and learning goals, for yourself, for your team.
- 6. Become more creative in your work.
- 7. Balance your work with important outside activities.
- 8. Perform one act of kindness for your customers or colleagues every day.
- 9. Review and renew job resolutions regularly.

Awakening Corporate Soul: Four Paths to Unleash the Power of People at Work by Eric Klein and John Izzo

BONUS THOUGHT: Do more than exist: live.

Do more than touch:
Do more than look:
Do more than read:
Do more than hear:
Do more than hear:
Do more than hear:

Do more than listen: understand. Do more than think: reflect.

Do more than just talk: say something.

--Author unknown